

# LUNCH

Served between 12pm and 4pm

## Salads and Light Bites

### Chicken Caesar Salad £15.70

Steamed chicken pieces, baby gem lettuce and Parmesan cheese dressed in Cardini's Caesar dressing topped with black pepper croutons and crispy Parma ham.

### Steak and Stilton Salad £15.90

Griddled strips of fillet tail steak and asparagus spears on a bed of mixed leaves, pickled radish, plum tomatoes, beetroot, cucumber and peppers, topped with crumbled Stilton and toasted walnuts, finished with a honey and mustard dressing.

### Roasted Vegetable, Hummus and Beetroot Salad £15.20

Roasted vegetables, hummus, beetroot, sun blushed tomatoes, pickled radishes, cucumber, peppers and plum tomatoes on a bed of mixed leaves finished with toasted pistachio nuts, lemon olive oil and a beetroot reduction.

### Feta, Fig and Tomato Salad £15.70

Greek feta cheese, sun blushed tomatoes, fresh fig, plum tomatoes and olives, served on a bed of mixed leaves, cucumbers and mixed peppers, dressed with a lemon olive oil and balsamic fig glaze. (Vegan feta cheese is available as a dairy free option)

### Salmon and Crayfish Salad £16.00

Mini salmon fillet, crayfish tails, boiled egg, peppers, cucumber, plum tomato and capers on a bed of mixed leaves. Finished with honey and mustard and Marie Rose dressings.

### Soup of the Day £8.20

Freshly made soup served with a bread roll and butter.

### Vegan Soup of the Day £8.20

Freshly made vegetable soup served with a bread roll and margarine.

### Mushroom and Walnut Pâté £9.20

Homemade mushroom and walnut pâté with a classic tomato chutney, toasted sourdough tin loaf from Lovingly Artisan and a salad garnish dressed with balsamic glaze.

### Chicken Liver Pâté £9.40

Homemade chicken liver pâté served with a classic tomato chutney, toasted sourdough tin loaf from Lovingly Artisan and a salad garnish dressed with balsamic glaze.

### Lancashire Cheese and Onion Quiche £15.10

Homemade Lancashire cheese and red onion quiche served warm with a tomato chutney, buttered new potatoes and either a side salad or buttered vegetables.

### Smoked Mackerel £13.20

A warm fillet of smoked mackerel with a beetroot salad garnish, pickled radish and brown bread and butter.

### Ploughman's Lunch £17.80

A Poulton Pork Shop mini pork pie and a mini cup of homemade soup. Served with roasted ham, boiled egg, Lancashire cheese, smoked cheddar cheese, pickled radishes, a classic tomato chutney and a crusty bread roll.

### Vegetarian Ploughman's Lunch £17.80

Honeywell's vegan roll with a mini cup of homemade soup. Served with a mini slice of Lancashire cheese and red onion quiche, boiled egg, Lancashire cheese, smoked cheddar cheese, pickled radishes, a classic tomato chutney and a crusty bread roll.

# LUNCH

Served between 12pm and 4pm

## Main Meals

Served 12pm until 3pm

### Oven Roast Chicken Breast £22.40

Chicken breast served on creamed savoy cabbage, carrots, a fondant potato and peppercorn sauce.

### Mixed Bean Chilli £21.00

Mixed bean, pepper and smoked paprika chilli, topped with crème fraiche and served with long grain rice.

### Seabass Fillets £22.80

Steamed seabass fillet served with new potatoes, green beans and carrots with an lemon and parsley butter.

### Sausage and Mash £19.50

Altham's Cumberland sausages served on mashed potato, with creamed savoy cabbage, carrots and an onion gravy.

### Vegan Sausage and Mash £19.50

Honeywell's vegan sausages served on mashed potatoes, with carrots, green beans and a meat free gravy.

## Sandwiches

All served on white or brown bread with a honey mustard dressed salad garnish and coleslaw.

### Dewlay's Lancashire Cheese Sandwich £10.20

With a classic tomato chutney.

### Honeywell's Roast Ham Sandwich £12.20

With Branston pickle.

### Steamed Scottish Salmon Sandwich £12.60

In a lemon and parsley crème fraiche.

### Egg Mayonnaise Sandwich £10.20

Made with free range eggs.

### Tuna Mayonnaise Sandwich £11.20

With spring onion.

## Wraps

All served with a balsamic dressed salad garnish and coleslaw.

### BBQ Chicken and Cheese Wrap £13.80

Steamed chicken pieces, baby gem lettuce, sun blushed tomatoes and Lancashire cheese finished with a BBQ sauce.

### Crayfish Cocktail Wrap £13.80

Crayfish tails, baby gem lettuce, sun blushed tomatoes and a Marie Rose dressing.

### Roasted Vegetable and Hummus Wrap £13.40

Roast vegetables, sun blushed tomatoes, baby gem lettuce and hummus.

# LUNCH

Served between 12pm and 4pm

## Paninis

All served on warm panini bread with a honey mustard dressed salad garnish and coleslaw.

### Steak and Onion Panini £13.80

Strips of fillet tail with onions.

Add peppercorn sauce £2.00

Add Lancashire cheese £2.00

Add mushrooms £2.00

Add Stilton cheese £2.00

### Tuna and Spring Onion Melt Panini £13.40

Topped with Lancashire cheese.

### Roasted Vegetable Panini £12.90

With hummus.

### Mushroom and Cheese Panini £13.00

Field mushrooms and Stilton cheese.

### Ham and Cheese Panini £13.40

Roasted Honeywell's ham and Lancashire cheese.

**Add a bowl of soup to any sandwich, panini or wrap for £4.50**

## Add a bag of Lancashire Crisps for £1.40

(Sea Salt, Sea Salt and Lancashire Vinegar, Lancashire Cheese and Onion, Lancashire Sauce, Black Pudding and English Mustard or Simply Spud)

## Sides

### Potato Wedges £6.00

Served with garlic mayonnaise.

### Side Salad £6.00

Cucumber, peppers, plum tomatoes, sun blushed tomatoes on a bed of mixed leaves dressed in either a honey and mustard or lemon oil and balsamic dressing.

### Side of Vegetables £6.00

Steamed carrots, creamed savoy cabbage and green beans.

### Crusty Bread Roll £2.00

White or brown freshly baked crusty roll served with butter or margarine.

### Buttered New Potatoes £6.00

Steamed new potatoes finished with salt, pepper, parsley and butter.

# VEGETARIAN LUNCH

Served between 12pm and 4pm

## Salads and Light Bites

### Roasted Vegetable, Hummus and Beetroot Salad

£15.20

Roasted vegetables, hummus, beetroot, sun blushed tomatoes, pickled radishes, cucumber, peppers and plum tomatoes on a bed of mixed leaves finished with toasted pistachio nuts, lemon olive oil and a beetroot reduction.

### Feta, Fig and Tomato Salad

£15.70

Greek feta cheese, sun blushed tomatoes, fresh fig, plum tomatoes and olives, served on a bed of mixed leaves, cucumbers and mixed peppers dressed with a lemon olive oil and balsamic fig glaze. (Vegan feta cheese is available as a dairy free option)

### Soup of the Day

£8.20

Freshly made soup served with a bread roll and butter.

### Vegan Soup of the Day

£8.20

Freshly made vegetable soup served with a bread roll and margarine.

### Mushroom and Walnut Pâté

£9.20

Homemade mushroom and walnut pâté with a classic tomato chutney, toasted sourdough tin loaf from Lovingly Artisan and a salad garnish dressed with balsamic glaze.

### Lancashire Cheese and Onion Quiche

£15.10

Homemade Lancashire cheese and red onion quiche served warm with a classic tomato chutney, buttered new potatoes and either a side salad or vegetables.

### Vegetarian Ploughman's Lunch

£17.80

Honeywell's vegan roll with a mini cup of homemade soup. Served with a mini slice of Lancashire cheese and red onion quiche, boiled egg, Lancashire cheese, smoked cheddar cheese, pickled radishes, a classic tomato chutney and a crusty bread roll.

## Main Meals

Served 12pm until 3pm

### Mixed Bean Chilli

£21.00

Mixed bean, pepper and smoked paprika chilli, topped with crème fraîche and served with long grain rice.

### Vegan Sausage and Mash

£19.50

Honeywell's vegan sausages on mashed potatoes, with carrots, green beans and a meat free gravy.

## Paninis

All served on a warm panini bread with a honey mustard dressed salad garnish and coleslaw.

### Roasted Vegetable Panini

£12.90

With hummus.

### Mushroom and Cheese Panini

£13.00

Field mushrooms and Stilton cheese.

# VEGETARIAN LUNCH

Served between 12pm and 4pm

## Sandwiches

All served on white or brown bread with a honey mustard dressed salad garnish and coleslaw.

**Dewlay's Lancashire Cheese Sandwich** £10.20

With a tomato chutney.

**Egg Mayonnaise Sandwich** £10.20

Made with free range eggs.

## Wraps

All served with a balsamic dressed salad garnish and coleslaw.

**Roasted Vegetable and Hummus Wrap** £13.40

Roast vegetables, sun blushed tomatoes, baby gem lettuce and hummus.

**Add a bowl of soup to any sandwich, panini or wrap for £4.50**

**Add a bag of Lancashire Crisps for £1.40**

(Sea Salt, Sea Salt and Lancashire Vinegar, Lancashire Cheese and Onion, Lancashire Sauce, Black Pudding and English Mustard or Simply Spud)

## Sides

**Potato Wedges** £6.00

Served with garlic mayonnaise.

**Side Salad** £6.00

Cucumber, peppers, plum tomatoes, sun blushed tomatoes on a bed of mixed leaves dressed in either a honey and mustard or lemon oil and balsamic dressing.

**Side of Vegetables** £6.00

Steamed carrots, creamed savoy cabbage and green beans.

**Crusty Bread Roll** £2.00

White or brown freshly baked crusty roll served with butter or margarine.

**Buttered New Potatoes** £6.00

Steamed new potatoes finished with salt, pepper, parsley and butter.

# GLUTEN FREE LUNCH

Served between 12pm and 4pm

## Salads and Light Bites

### Roasted Vegetable, Hummus and Beetroot Salad

£15.20

Roasted vegetables, hummus, beetroot, sun blushed tomatoes, pickled radishes, cucumber, peppers and plum tomatoes on a bed of mixed leaves finished with toasted pistachio nuts, lemon olive oil and a beetroot reduction.

### Steak and Stilton Salad

£15.90

Griddled strips of fillet tail steak and asparagus spears on a bed of mixed leaves, pickled radish, plum tomatoes, beetroot, cucumber and peppers, topped with crumbled Stilton and toasted walnuts, finished with a honey and mustard dressing.

### Salmon and Crayfish Salad

£16.00

Mini salmon fillet, crayfish tails, boiled egg, peppers, cucumber, plum tomato and capers on a bed of mixed leaves. Finished with honey and mustard and Marie Rose dressings.

### Feta, Fig and Tomato Salad

£15.70

Greek feta cheese, sun blushed tomatoes, fresh fig, plum tomatoes and olives, served on a bed of mixed leaves, cucumbers and mixed peppers dressed with a lemon olive oil and balsamic fig glaze. (Vegan feta cheese is available as a dairy free option).

### Soup of the Day

£8.20

Freshly made soup served with a gluten free bread roll and butter.

### Vegan Soup of the Day

£8.20

Freshly made vegetable soup served with a gluten free bread roll and margarine.

### Mushroom and Walnut Pâté

£9.20

Homemade mushroom and walnut pâté served with gluten free toasted white bread and tomato chutney.

### Chicken Liver Pâté

£9.40

Homemade chicken liver pâté served with gluten free toasted white bread and a tomato chutney.

### Smoked Mackerel

£13.20

A warm fillet of smoked mackerel with a beetroot salad garnish, pickled radish and gluten free bread and butter.

### Ploughman's Lunch

£17.80

Honeywell's roast ham and a mini cup of homemade soup. Served with a boiled egg, Lancashire cheese, smoked cheddar, pickled radishes, a classic tomato chutney and a gluten free roll with butter.

## Main Meals

Served 12pm until 3pm

### Oven Roast Chicken Breast

£22.40

Chicken breast served on creamed savoy cabbage, carrots, a fondant potato and peppercorn sauce.

### Mixed Bean Chilli

£21.00

Mixed bean, pepper and smoked paprika chilli, topped with crème fraiche and served with long grain rice.

### Seabass Fillets

£22.60

Steamed seabass fillet served with new potatoes, green beans and carrots with an lemon and parsley butter.

### Sausage and Mash

£19.50

Altham's Cumberland sausages on mashed potato, with creamed savoy cabbage, carrots and an onion gravy.

# GLUTEN FREE LUNCH

Served between 12pm and 4pm

## Sides

**Potato Wedges** £6.00

Served with garlic mayonnaise.

**Side Salad** £6.00

Cucumber, peppers, plum tomatoes, sun blushed tomatoes on a bed of mixed leaves dressed in either a honey and mustard or lemon oil and balsamic dressing.

**Side of Vegetables** £6.00

Steamed carrots, creamed savoy cabbage and green beans.

**Gluten Free Bread Roll** £2.00

Freshly baked white gluten free roll served with butter or margarine.

**Buttered New Potatoes** £6.00

Steamed new potatoes finished with salt, pepper, parsley and butter.

## Sandwiches

*All served on white gluten free bread with a honey mustard dressed salad garnish and coleslaw.*

**Dewlay's Lancashire Cheese Sandwich** £10.20

With a tomato chutney.

**Honeywell's Roast Ham Sandwich** £12.20

With a tomato chutney.

**Steamed Scottish Salmon Sandwich** £12.60

In a lemon and parsley crème fraiche.

**Egg Mayonnaise Sandwich** £10.20

Made with free range eggs.

**Tuna Mayonnaise Sandwich** £11.20

With spring onion.

**Add a bowl of soup to any sandwich for £4.50**

**Add a bag of Lancashire Crisps for £1.40**

(Sea salt, Lancashire Cheese and Onion, Lancashire Sauce, Black Pudding and English Mustard or Simply Spud)

# GLUTEN FREE LUNCH

Served between 12pm and 4pm

## Paninis

*All served on warm gluten free panini bread with a honey mustard dressed salad garnish and coleslaw.*

### **Steak and Onion Panini** £13.80

Strips of fillet tail with onions.

Add peppercorn sauce £2.00

Add Lancashire cheese £2.00

Add mushrooms £2.00

Add Stilton cheese £2.00

### **Tuna and Spring Onion Melt Panini** £13.40

Topped with Lancashire cheese.

### **Roasted Vegetable Panini** £12.90

With hummus.

### **Mushroom and Cheese Panini** £13.00

Field mushrooms and Stilton cheese.

### **Ham and Cheese Panini** £13.40

Roasted Honeywell's ham and Lancashire cheese.

## Wraps

*Gluten free wrap served with a balsamic dressed salad garnish and coleslaw.*

### **BBQ Chicken and Cheese Wrap** £13.80

Steamed chicken pieces, baby gem lettuce, sun blushed tomatoes and Lancashire cheese finished with a BBQ sauce.

### **Crayfish Cocktail Wrap** £13.80

Crayfish tails, baby gem lettuce, sun blushed tomatoes and a Marie Rose dressing.

### **Roasted Vegetable and Hummus Wrap** £13.40

Roast vegetables, sun blushed tomatoes, baby gem lettuce and hummus.

**Add a bowl of soup to any  
Panini or wrap for £4.50**

**Add a bag of Lancashire  
Crisps for £1.40**

(Sea salt, Lancashire Cheese and Onion, Lancashire Sauce,  
Black Pudding and English Mustard or Simply Spud)