

LUNCH

Served between 12pm and 4pm

Salads and Light Bites

Chicken Caesar Salad £14.50

Steamed chicken pieces, baby gem lettuce and Parmesan cheese dressed in Cardini's Caesar dressing topped with black pepper croutons and crispy Parma ham.

Greek Salad £13.90

Greek feta cheese, sun blushed tomatoes, plum tomatoes, black olives, balsamic red onion, peppers and cucumber on a bed of mixed leaves with lemon olive oil and balsamic glaze dressings.

Roasted Vegetable, Hummus and Beetroot Salad £13.80

Roasted vegetables, hummus, beetroot, sun blushed tomatoes, pickled radishes, cucumber, peppers and plum tomatoes on a bed of mixed leaves finished with toasted pistachio nuts, lemon olive oil and a beetroot reduction.

Salmon and Crayfish Salad £15.40

Mini salmon fillet, crayfish tails, boiled egg, peppers, cucumber, plum tomato and capers on a bed of mixed leaves. Finished with honey and mustard and Marie Rose dressings.

Halloumi and Blueberry Salad £13.90

Grilled halloumi, pickled radishes, peppers, cucumber, sun blushed tomatoes, roasted red onion, blueberries and plum tomatoes on a bed of mixed leaves, dressed with a blueberry and lemon dressing.

Soup of the Day £7.80

Freshly made soup served with a bread roll and butter.

Vegan Soup of the Day £7.80

Freshly made soup served with a bread roll and margarine.

Mushroom and Walnut Pâté £8.80

Homemade mushroom and walnut pâté with a classic tomato chutney, toasted sour dough and a salad garnish dressed with balsamic glaze.

Chicken Liver Pâté £8.80

Homemade chicken liver pâté served with a classic tomato chutney, toasted sour dough and a salad garnish dressed with balsamic glaze

Lancashire Cheese and Onion Quiche £13.80

Homemade Lancashire cheese and red onion quiche served warm with a tomato chutney, buttered new potatoes and either a side salad or buttered vegetables.

Smoked Mackerel £12.60

A warm fillet of smoked mackerel with a beetroot salad garnish, pickled radish and brown bread and butter.

Pork Burger £13.50

An Althams pork burger topped with Lancashire cheese and served in a white bap with baby gem lettuce and a sunblushed tomato mayonnaise, salad garnish and coleslaw.

Double up with an extra cheese topper burger. £3.00

Ploughman's Lunch £16.90

The Pork Shop of Poulton dinky pork pie served with roasted ham, boiled egg, Lancashire cheese, smoked cheddar cheese, pickled radishes, a classic tomato chutney and a crusty bread roll.

Vegetarian Ploughman's Lunch £16.90

Honeywell's vegan roll served with a slice of Lancashire cheese and red onion quiche, boiled egg, Lancashire cheese, smoked cheddar cheese, pickled radishes, a classic tomato chutney and a crusty bread roll.

LUNCH

Served between 12pm and 4pm

Main Meals

Served 12pm until 3pm

Pork Cutlet £20.50

French trim pork cutlet, mashed potato, seasonal vegetables with a creamy cider and sage sauce.

Vegetable Curry, Rice and Naan Bread £18.00

Chickpea, pepper, red onion and tomato curry served with rice and a warm Naan bread.

Seabass Fillets £21.20

Served with new potatoes, seasonal vegetables and a lemon and chive butter.

Sausage and Mash £18.50

Altham's Cumberland sausages served with mashed potatoes, seasonal vegetables and an onion gravy.

Vegan Sausage and Mash £18.50

Honeywell's vegan sausages served with mashed potatoes, seasonal vegetables and a meat free gravy.

Sandwiches

All served on white or brown bread with a honey mustard dressed salad garnish and coleslaw.

Dewlay's Lancashire Cheese Sandwich £9.90

With a classic tomato chutney.

Honeywell's Roast Ham Sandwich £11.90

With Branston pickle.

Steamed Scottish Salmon Sandwich £12.30

In a lemon and parsley crème fraiche.

Egg Mayonnaise Sandwich £9.90

Made with free range eggs.

Tuna Mayonnaise Sandwich £10.80

With spring onion.

Wraps

All served with a balsamic dressed salad garnish and coleslaw.

Sweet Chilli Chicken Wrap £13.50

Steamed chicken pieces, baby gem lettuce and sun blushed tomatoes with a sweet chilli dressing.

Crayfish Cocktail Wrap £13.50

Crayfish tails, baby gem lettuce, sun blushed tomatoes and a Marie Rose dressing.

Roasted Vegetable and Hummus Wrap £12.50

Roast vegetables, sun blushed tomatoes, baby gem lettuce and hummus.

LUNCH

Served between 12pm and 4pm

Paninis

All served on warm panini bread with a honey mustard dressed salad garnish and coleslaw.

Pan Fried Minute Steak with Fried Onions Panini	£12.80
Add Lancashire cheese	£1.30
Add mushrooms	£1.30
Add Garstang blue cheese	£1.30
Tuna and Spring Onion Melt Panini	£12.20
Topped with Lancashire cheese.	
Roasted Vegetable Panini	£12.00
With hummus.	
Mushroom and Cheese Panini	£11.90
Field mushrooms and Garstang blue cheese.	
Halloumi, Lettuce and Sunblushed Tomato Panini	£11.90
With mayonnaise.	
Ham and Cheese Panini	£12.40
Roasted Honeywell's ham and Lancashire cheese.	

Add a bowl of soup to any sandwich, panini or wrap for £4.20

Add a bag of Lancashire Crisps for £1.30

(Sea Salt, Sea Salt and Lancashire Vinegar, Lancashire Cheese and Onion, Lancashire Sauce, Black Pudding and English Mustard or Sea Salt and Cracked Black Pepper)

Sides

Potato Wedges	£5.50
Served with garlic mayonnaise.	
Side Salad	£5.50
Cucumber, peppers, plum tomatoes, sun blushed tomatoes on a bed of mixed leaves dressed in either a honey and mustard or lemon oil and balsamic dressing.	
Buttered Vegetables	£5.50
Steamed seasonal vegetables with salt, pepper and butter.	
Crusty Bread Roll	£1.50
White or brown freshly baked crusty roll served with butter or margarine.	
Buttered New Potatoes	£5.50
Steamed new potatoes finished with salt, pepper, parsley and butter.	

VEGETARIAN LUNCH

Served between 12pm and 4pm

Salads and Light Bites

Roasted Vegetable, Hummus and Beetroot Salad £13.80

Roasted vegetables, hummus, beetroot, sun blushed tomatoes, pickled radishes, cucumber, peppers and plum tomatoes on a bed of mixed leaves finished with toasted pistachio nuts, lemon olive oil and a beetroot reduction.

Halloumi and Blueberry Salad £13.90

Grilled halloumi, peppers, cucumber, pickled radishes, sun blushed tomatoes, roasted red onion, blueberries and plum tomatoes on a bed of mixed leaves, dressed with a blueberry and lemon dressing.

Greek Salad £13.90

Greek feta cheese, sun blushed tomatoes, plum tomatoes, black olives, balsamic red onion, peppers and cucumber on a bed of mixed leaves with lemon olive oil and balsamic glaze dressings.

Soup of the Day £7.80

Freshly made soup served with a bread roll and butter.

Vegan Soup of the Day £7.80

Freshly made soup served with a bread roll and margarine.

Mushroom and Walnut Pâté £8.80

Homemade mushroom and walnut pâté with a classic tomato chutney, toasted sourdough and a salad garnish dressed with balsamic glaze.

Lancashire Cheese and Onion Quiche £13.80

Homemade Lancashire cheese and red onion quiche served warm with a classic tomato chutney, buttered new potatoes and either a side salad or vegetables.

Vegetarian Ploughman's Lunch £16.90

Honeywell's vegan roll served with a slice of Lancashire cheese and red onion quiche, boiled egg, Lancashire cheese, smoked cheddar cheese, pickled radishes, a classic tomato chutney and a crusty bread roll.

Main Meals

Served 12pm until 3pm

Vegetable Curry, Rice and Naan Bread £18.00

Chickpea, pepper, red onion and tomato curry served with rice and a warm Naan bread.

Vegan Sausage and Mash £18.50

Honeywell's vegan sausages served with mashed potatoes, seasonal vegetables and a meat free gravy.

Paninis

All served on a warm panini bread with a honey mustard dressed salad garnish and coleslaw.

Roasted Vegetable Panini £12.00

With hummus.

Mushroom and Cheese Panini £11.90

Field mushrooms and Garstang blue cheese.

Halloumi, Lettuce and Sunblushed Tomato Panini £11.90

With mayonnaise.

VEGETARIAN LUNCH

Served between 12pm and 4pm

Sandwiches

All served on buttered white or brown bread with a honey mustard dressed salad garnish and coleslaw.

Dewlay's Lancashire Cheese Sandwich £9.90

With a tomato chutney.

Egg Mayonnaise Sandwich £9.90

Made with free range eggs.

Wraps

All served with a balsamic dressed salad garnish and coleslaw.

Roasted Vegetable and Hummus Wrap £12.50

Roast vegetables, sun blushed tomatoes, baby gem lettuce and hummus.

Add a bowl of soup to any sandwich, panini or wrap for £4.20

Add a bag of Lancashire Crisps for £1.30

(Sea Salt, Sea Salt and Lancashire Vinegar, Lancashire Cheese and Onion, Lancashire Sauce, Black Pudding and English Mustard or Sea Salt and Cracked Black Pepper)

Sides

Potato Wedges £5.50

Served with garlic mayonnaise.

Side Salad £5.50

Cucumber, peppers, plum tomatoes, sun blushed tomatoes on a bed of mixed leaves dressed in either a honey and mustard or lemon oil and balsamic dressing.

Buttered Vegetables £5.50

Steamed seasonal vegetables with salt, pepper and butter.

Crusty Bread Roll £1.50

White or brown freshly baked crusty roll served with butter or margarine.

Buttered New Potatoes £5.50

Steamed new potatoes finished with salt, pepper, parsley and butter.

GLUTEN FREE LUNCH

Served between 12pm and 4pm

Salads and Light Bites

Roasted Vegetable, Hummus and Beetroot Salad £13.80

Roasted vegetables, hummus, beetroot, sun blushed tomatoes, pickled radishes, cucumber, peppers and plum tomatoes on a bed of mixed leaves finished with toasted pistachio nuts, lemon olive oil and a beetroot reduction.

Salmon and Crayfish Salad £15.40

Mini salmon fillet, crayfish tails, boiled egg, peppers, cucumber, plum tomato and capers on a bed of mixed leaves. Finished with honey and mustard and Marie Rose dressings.

Halloumi and Blueberry Salad £13.90

Grilled halloumi, pickled radishes, peppers, cucumber, sun blushed tomatoes, roasted red onion, blueberries and plum tomatoes on a bed of mixed leaves, dressed with a blueberry and lemon dressing.

Greek Salad £13.90

Greek feta cheese, sun blushed tomatoes, plum tomatoes, black olives, balsamic red onion, peppers and cucumber on a bed of mixed leaves with lemon olive oil and balsamic glaze dressings.

Soup of the Day £7.80

Freshly made soup served with a gluten free brioche roll and butter.

Vegan Soup of the Day £7.80

Freshly made soup served with a gluten free brioche roll and margarine.

Mushroom and Walnut Pâté £8.80

Homemade mushroom and walnut pâté served with gluten free toasted white bread and tomato chutney.

Chicken Liver Pâté £8.80

Homemade chicken liver pâté served with gluten free toasted white bread and a tomato chutney.

Smoked Mackerel £12.60

A warm fillet of smoked mackerel with a beetroot salad garnish, pickled radish and gluten free bread and butter.

Ploughman's Lunch £16.90

Honeywell's roast ham served with a boiled egg, Lancashire cheese, smoked cheddar, pickled radishes, a classic tomato chutney and a gluten free roll with butter.

Main Meals

Served 12pm until 3pm

Vegetable Curry, Rice and Naan Bread £18.00

Chickpea, pepper, red onion and tomato curry served with rice and a warm gluten free wrap.

Pork Cutlet £20.50

French trim pork cutlet, mashed potato, seasonal vegetables with a creamy cider and sage sauce.

Seabass Fillets £21.20

Served with new potatoes, seasonal vegetables and a lemon and chive butter.

Sausage and Mash £18.50

Altham's Cumberland sausages served with mashed potatoes, seasonal vegetables and an onion gravy.

GLUTEN FREE LUNCH

Served between 12pm and 4pm

Sides

Potato Wedges £5.50

Served with garlic mayonnaise.

Side Salad £5.50

Cucumber, peppers, plum tomatoes, sun blushed tomatoes on a bed of mixed leaves dressed in either a honey and mustard or lemon oil and balsamic dressing.

Buttered Vegetables £5.50

Steamed seasonal vegetables with salt, pepper and butter.

Gluten Free Bread Roll £1.50

Freshly baked white gluten free roll served with butter or margarine.

Buttered New Potatoes £5.50

Steamed new potatoes finished with salt, pepper, parsley and butter.

Sandwiches

All served on white gluten free bread with a honey mustard dressed salad garnish and coleslaw.

Dewlay's Lancashire Cheese Sandwich £9.90

With a tomato chutney.

Honeywell's Roast Ham Sandwich £11.90

With a tomato chutney.

Steamed Scottish Salmon Sandwich £12.30

In a lemon and parsley crème fraiche.

Egg Mayonnaise Sandwich £9.90

Free range eggs.

Tuna Mayonnaise Sandwich £10.80

With spring onion.

Add a bowl of soup to any sandwich for £4.20

Add a bag of Lancashire Crisps for £1.30

(Sea salt, Lancashire Cheese and Onion, Lancashire Sauce, Black pudding and English mustard or Sea salt and cracked black pepper)

GLUTEN FREE LUNCH

Served between 12pm and 4pm

Paninis

All served on warm gluten free panini bread with a honey mustard dressed salad garnish and coleslaw.

Pan Fried Minute Steak with Fried Onions Panini £12.80

Add Lancashire cheese £1.30

Add mushrooms £1.30

Add Garstang blue cheese £1.30

Tuna and Spring Onion Melt Panini £12.20

Topped with Lancashire cheese.

Roasted Vegetable Panini £12.00

With hummus.

Mushroom and Cheese Panini £11.90

Field mushrooms and Garstang blue cheese.

Halloumi, Lettuce and Sunblushed Tomato Panini £11.90

With mayonnaise.

Ham and Cheese Panini £12.40

Roasted Honeywell's ham and Lancashire cheese.

Wraps

Gluten free wrap served with a balsamic dressed salad garnish and coleslaw.

Sweet Chilli Chicken Wrap £13.50

Steamed chicken pieces, baby gem lettuce and sun blushed tomatoes with a sweet chilli dressing.

Crayfish Cocktail Wrap £13.50

Crayfish tails, baby gem lettuce, sun blushed tomatoes and a Marie Rose dressing.

Roasted Vegetable and Hummus Wrap £12.50

Roast vegetables, sun blushed tomatoes, baby gem lettuce and hummus.

Add a bowl of soup to any Panini or wrap for £4.20

Add a bag of Lancashire Crisps for £1.30

(Sea salt, Black pudding and English mustard or Sea salt and cracked black pepper)